

Central Lunch

January 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 Toasted Ham & Cheese Tomato Soup Celery Sticks Chocolate Pudding	6 Nachos Supreme Lettuce & Tomato Cup Refried Beans Fresh Grapes
9 Spaghetti with Meat Sauce Cole Slaw Wheat Roll Chilled Peaches	10 Hot Dog on Bun Mac & Cheese Green Beans Orange Smiles	11 Chicken Sandwich Potato Puffs Apple Slices Belly Bear Cookies	12 Country Fried Pork Steak Cole Slaw Mashed Potatoes with Country Gravy Wheat Roll Chilled Fruit Cocktail	13 Tony's Pizza Day Golden Corn Strawberries with Whipped Topping
16 NO SCHOOL TODAY	17 Chicken Nuggets Dipping Sauces Green Beans Fresh Pear Brownie	18 Salisbury Steak Mashed Potatoes & Gravy Wheat Roll Peas & Carrots Chilled Peaches	19 Chili w/ Crackers Cook's Choice of Sandwich Carrots & Celery Chilled Mandarin Oranges	20 Cheese Pizza Garden Salad Lowfat Dressing Chilled Fruit Cocktail
23 BBQ Rib Sandwich Pickles & Onions Cole Slaw Strawberries with Whipped Topping	24 Chicken Noodle or Vegetable Soup Grilled Cheese Carrot & Celery Sticks Pudding	25 Chili Cheese Max Wrap Texas Caviar Frito Lay Scoops Chilled Applesauce	26 Country Fried Beef Patty Mashed Potatoes & Gravy Green Beans Chilled Fruit Cocktail	27 Bosco Stuffed Crust Pizza Garden Salad Lowfat Dressing Chilled Peaches
30 All American Deli Sub Pasta Salad Apple Slices	31 Chicken Fajita Wrap Lettuce & Tomato Cup Golden Corn Fresh Banana			

A La Carte

School News

Variety of Low Fat and fat free milk included daily with lunch

