

Central Breakfast

January 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 Chicken Biscuit -or- Cereal w/ Kellogg's Gripz	6 Scrambled Eggs, Hash Browns & Toast -or- Rice Krispy Cereal Bars w/ Yogurt
9 Pancakes and Sausage -or- Cereal w/ Berry Muffin	10 UBRs with Oatmeal -or- Toasted Ham & Cheese	11 Breakfast Pizza -or- Kellogg's Crunchmania	12 Biscuits and Gravy with Sausage -or- Cereal w/ WG Pop Tarts	13 Breakfast Burrito with Salsa -or- Cereal w/ WG Honey Bun
16 NO SCHOOL TODAY	17 Sausage Biscuit -or- Toasted Ham & Cheese	18 Breakfast Pizza -or- Kellogg's Crunchmania	19 Chicken Biscuit -or- Cereal w/ Kellogg's Gripz	20 Scrambled Eggs, Hash Browns & Toast -or- Rice Krispy Cereal Bars w/ Yogurt
23 Pancakes and Sausage -or- Cereal w/ Berry Muffin	24 UBRs with Oatmeal -or- Toasted Ham & Cheese	25 Breakfast Pizza -or- Kellogg's Crunchmania	26 Biscuits and Gravy with Sausage -or- Cereal w/ WG Pop Tarts	27 Breakfast Burrito with Salsa -or- Cereal w/ WG Honey Bun
30 Fruit and Yogurt Parfait -or- French Toast with Syrup	31 Sausage Biscuit -or- Toasted Ham & Cheese			

A La Carte

School News

Breakfast includes a variety of fruit or juice plus Lowfat milk.

