

Central Lunch

September 2011

Monday

Tuesday

Wednesday

Thursday

Friday



5 LABOR DAY
NO SCHOOL

6 Hot Dog on Bun
Homemade Mac & Cheese
Green Beans
Orange Smiles

7 Chicken Patty on Bun
Sweet Potato Mini Puffs
Fresh Apple Quarters
Belly Bear Cookies

8 Baked Potato Bar
Chili & Cheese or Broccoli & Cheese
J & J WG Soft Pretzel
Tropical Fruit Mix

9 Tony's Pizza Day!
Tomato & Cucumber Salad
Chilled Pears

12 Tangerine Chicken
Fried Brown Veggie Rice
Spinach Salad
Chilled Pineapple
Fortune Cookie

13 Sloppy Joe
Potato Wedges
Fresh Banana

14 Chicken Broccoli Alfredo
WG Breadstick
Glazed Carrots
Chilled Peaches

15 Fish on Bun
Lettuce & Tomato
Santa Fe Rice
Orange Smiles

16 Mexican Pizza
Garden Salad
Chilled Pears

19 BBQ Rib Sandwich
Cole Slaw
Fresh Grapes

20 Breakfast for Lunch!
Pancakes or Waffles
Sausage Patty
Watermelon Cubes
Sweet Potato Wedges

21 Chili Cheese Max Wrap
Texas Caviar
Frito Lay Scoops
Chilled Applesauce

22 Mini Burger Sliders
Ketchup, Mustard & Pickles
Steamed Broccoli with Cheese
Chilled Fruit Cocktail

23 Bosco Stuffed Crust Pizza
Garden Salad
Chilled Peaches

26 Meatball Sub
California Blend Veggies
Orange Smiles
Carnival Cookie

27 Roast Turkey & Gravy
Whipped Potatoes
Wheat Roll
Peach Crisp

28 Chicken Nuggets
Carrot & Celery with Hummus
Chilled Pears
Bug Bite Graham Snacks

29 Corn Dog
Ketchup & Mustard
Mexicali Corn
Tropical Fruit

30 NO SCHOOL TODAY!

A La Carte

School News

Variety of Low Fat milk included daily with lunch