

Central Breakfast

December 2011

Monday

Tuesday

Wednesday

Thursday

Friday

			1 Chicken Biscuit -or- Cereal w/ Kellogg's Gripz	2 Scrambled Eggs, Hash Browns & Toast -or- Rice Krispy Cereal Bars w/ Yogurt
5 Pancakes and Sausage -or- Cereal w/ Berry Muffin	6 UBRs with Oatmeal -or- Toasted Ham & Cheese	7 Breakfast Pizza -or- Kellogg's Crunchmania	8 Biscuits and Gravy with Sausage -or- Cereal w/ WG Pop Tarts	9 Breakfast Burrito with Salsa -or- Cereal w/ WG Honey Bun
12 Fruit and Yogurt Parfait -or- French Toast with Syrup	13 Sausage Biscuit -or- Cereal w/ Toast	14 Breakfast Pizza -or- Kellogg's Crunchmania	15 Chicken Biscuit -or- Cereal w/ Kellogg's Gripz	16 Scrambled Eggs, Hash Browns & Toast -or- Rice Krispy Cereal Bars w/ Yogurt
19 Pancakes and Sausage -or- Cereal w/ Berry Muffin	20 UBRs with Oatmeal -or- Toasted Ham & Cheese	21 Breakfast Pizza -or- Kellogg's Crunchmania	22 Cereal w/ WG Pop Tart	23 HOLIDAY BREAK— NO SCHOOL
26 	27	28	29	30

A La Carte



School News

Breakfast includes a variety of fruit or juice plus Lowfat milk.

