

Central Schools Breakfast

123 August 2011


Monday

Tuesday

Wednesday

Thursday

Friday

1	2	3	4	5	 <p>A La Carte</p> <p>Welcome Back!!!!</p>
8	9	10	11	12	
15	16	17	18	19	
22	23	24	25	26	
29	30	31			

School News

Variety of low fat and fat free milks offered daily. Breakfast includes fresh/canned fruit or 100% fruit juice

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Fruit and Yogurt Parfait
-or-
General Mills Mini Pancakes

Breakfast Pizza
-or-
Kellogg's Crunchmania

French Toast with Syrup
-or-
Cereal w/ Mini Orange Loaf

Chicken Biscuit
-or-
Cereal w/ Kellogg's Gripz

Scrambled Eggs, Hash Browns & Toast
-or-
Rice Krispy Cereal Bars w/ Yogurt

Pancakes and Sausage
-or-
Cereal w/ Berry Muffin

UBRs with Oatmeal
-or-
Toasted Ham & Cheese

Biscuits and Gravy with Sausage
-or-
Cereal w/ WG Pop Tarts

Breakfast Burrito with Salsa
-or-
Cereal w/ WG Honey Bun

Pillsbury Mini Cinnis!
-or-
Cereal w/ Bagel & Cream Cheese